



BELMOND CHARLESTON PLACE

HEALTH | BEAUTY | BALANCE



## WELCOME

Aging is all about how you look and feel. At The Spa, we believe in celebrating every age with a program of renewal, helping to alleviate your body from outside interferences—stress, pollution, sun exposure, life's little overindulgences—with forward-thinking skincare, detoxifying treatments, therapeutic massage and exercise. Because achieving your optimal beauty is possible at any age.

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### SPA RECEPTION DESK, POOL & FITNESS CENTER

MONDAY-FRIDAY: 6:00AM-10:00PM  
SATURDAY-SUNDAY: 7:00AM-10:00PM

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### SPA TREATMENTS

MONDAY-FRIDAY: 8:00AM-8:00PM  
SATURDAY-SUNDAY: 8:00AM-7:00PM


Fitness Center and Spa hours may vary on select holidays throughout the year. Please check with The Spa staff for updates.

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## a natural wonder

The Ginkgo has survived over millions of years. Hailed as the healing tree in China, its therapeutic bark, leaves and seeds have brought wellness to generations. The long-lived Ginkgo is not only beautiful, but remarkably resistant to disease, tolerant of air pollution and virtually undisturbed by the effects of the environment.



# FUTURE SKIN CARE

*Forward-thinking treatments accentuate the positive and counteract the negative. Reveal the skin you were born to show.*

## CHARLESTON PLACE FACIAL

50 min / 140-

Our signature experience cleans, exfoliates and rejuvenates all skin types. Renew your spirit with a relaxing facial massage.

## CLEANSWEEPS MICRO-DERMABRASION FACIAL

50 min / 195-

Micro-fine, non-irritating, natural crystals help smooth away age spots, sun damage, tiny lines and wrinkles. Unveils newer, healthier, younger-looking skin.

## GLYCOLIC OR LACTIC TREATMENT

50 min / 160-

Gently re-textures and helps smooth little lines and uneven skin tone. Lightens pigmentation and deep cleans. For the ultimate glow, schedule one every month.

## RED ALERT

50 min / 145-

Calms the redness of Rosacea and blotchy, sensitive skin. Anti-irritating ingredients and a surge of cooling moisture soothes allergic and reactive complexions.

## BEYOND BOTOX AGE-DEFYING FACIAL

50 min / 165-

A sophisticated, results-oriented, anti-aging treatment. Addresses skin's changes that occur before, during and after menopause. Strengthens and reinforces elasticity, reduces fine lines and re-plumps skin cells. Leaves skin smoother, stronger, more luminous.

## VITAMIN C-RESVERATROL AGE REVERSAL FACIAL

80 min / 250-

Luxurious and intensive—rejuvenates your skin with powerful alpha beta peel. A potent blend of Vitamin C, resveratrol and peptides to nourish, brighten, tone and lift your complexion. Skin feels softer and looks radiant.

## ACNE FACIAL TREATMENT

50 min / 145-

A gentle facial treatment to help clear spots, blackheads and blemishes, while helping to improve the texture and appearance of the skin.

## BACK BUFF

50 min / 195-

Get ready to bare. Gentle micro-crystals clear away dry, dead skin, age spots, sun damage, minor marks and scars from breakouts.

## TIME OUT FACIAL

80 min / 250-

Before or after your skin shows signs of fatigue from sun exposure, pollution or simply life's little overindulgences, this anti-aging treatment stimulates cell renewal to dramatically enhance the skin's overall texture. Skin looks rejuvenated, revitalized and smoother.

## ULTIMATE BLISS SPA TREATMENT

50 min / 260-

The ultimate spa experience! Two therapists work their magic transporting you to a deeper sense of relaxation. A Charleston Place Facial and a Foot Reflexology Treatment are being performed simultaneously, blissfully restoring your sense of well-being.

## DOUBLE DELIGHT

50 min / 150-

Combines a 25-minute Charleston Place Facial with a 25-minute Moroccan Scalp and Neck Treatment. Our signature facial cleans, exfoliates and rejuvenates while the Moroccan Treatment relieves fatigue and stress-induced tension.

## NUFACE MICROCURRENT FACIAL

50 min / 160-

"The Red Carpet Treatment," NuFace Microcurrent Facial incorporates an FDA-approved microcurrent device to help lift and tone your face while reducing fine lines and wrinkles. See results instantly-defined cheekbones, lifted brow and toned skin. You're ready for your close-up.

## INTRACUETICALS REJUVENATE RESTORING OXYGEN TREATMENT

50 min / 195- 80 min / 250-

A skin quenching cocktail of vitamins and antioxidants is applied directly to the skin using oxygen, reviving and hydrating the skin. The results are instant. Complexion is left looking luminous.

## SPA SPECIALTIES

EYELASH TINTING 40-

EYEBROW TINTING 40-

LIP OR EYE HYDRATING TREATMENT 25-

## SPA WAXING

LIP OR CHIN 25-

BROW 35-

UNDERARM 35-

BIKINI 45-

BRAZILIAN 70-

BRAZILIAN WAX CONSULTATION 75-

LOWER LEG 50-

UPPER LEG 75-

FULL LEG 95-

BACK 80-

ARM 50-

STOMACH 45-

*\* For best results hair should be at least ¼ inch long. You may not wax if taking Accutane currently or in the past 6 months, Retin-A currently or in the past 3 months, Glycolic Acid or any other keratolytic medication that increases skin exfoliation, or if you have sunburned skin, or skin recovering from a recent laser peel.*

**RECEIVE 10% OFF ALL TREATMENTS SUNDAY-THURSDAY**

*(Excludes Packages, Hair and Makeup Sessions)*

## BODY OFFERINGS

*Lavish scrubs, wraps and rituals cleanse, polish and awaken the senses.  
Free your body from aging toxins and impurities.*

### CUSTOMIZED BODY SCRUBS

50 min / 165-

Exfoliating salt, plus vitamins, herbs and spices in the flavor of your choice. Includes a half-hour body massage for extra softness and relaxation.

PEPPERMINT ROSEMARY

TROPICAL GINGER

LAVENDER

LEMONGRASS

*Note: Please do not shave before or schedule a same day waxing with this treatment.*

### SEAWEED DETOX

50 min / 165-

Relax and clear your skin with our therapeutic seaweed wrap. Rebalances and rehydrates. Helps activate blood circulation and eliminate toxins. Restores optimum moisture and lasting skin softness.

*Note: Not recommended for individuals who are allergic to shellfish or iodine.*

### MOROCCANOIL RITUAL

80 min / 250-

The ambrosial of body treatments! Incorporating exotic Moroccan oil Body Collection to detoxify, hydrate and invigorate your body from scalp to toes. The antioxidant rich argan oil-infused formulas will leave your skin irresistibly silky and radiant.

## THERAPEUTIC MASSAGE FOR COUPLES

### SWEDISH MASSAGE

50 min / 280- 80 min / 430- 100 min / 550-

### DEEP TISSUE MASSAGE

50 min / 300- 80 min / 470- 100 min / 590-

### WARM STONE MASSAGE

80 min / 500-

### YOUR CHOICE MASSAGE

50 min / 320- 80 min / 480- 100 min / 590-

## THERAPEUTIC MASSAGE

*With healing hands and ancient therapies,  
stress melts away, along with the aging effects of the day.*

### SWEDISH MASSAGE

50 min / 140- 80 min / 215- 100 min / 275-

Our classic European technique gently soothes aches and pains, improves circulation, relieves tension. Emerge relaxed and more limber.

### DEEP TISSUE MASSAGE

50 min / 150- 80 min / 235- 100 min / 295-

Stronger, deeper pressure, targets muscle tension and soreness. Improves flexibility and mobility.

### YOUR CHOICE MASSAGE

50 min / 160- 80 min / 240- 100 min / 295-

Incorporates elements of Swedish, Reflexology and Deep Tissue Massage. Customized to soothe and de-stress.

### MOTHER-TO-BE MASSAGE

50 min / 140-

Precious mommy-baby time. A light, gentle touch helps relieve pre-motherhood stress and lower back pain. Improves circulation, alleviates water retention and congestion.

### WARM STONE MASSAGE

80 min / 250-

Extreme relaxation. Our healing touch, plus the energy of smooth heated stones melts away everyday stress and tension.

### FOOT REFLEXOLOGY

50 min / 150-

This ancient art of pressure point massage restores balance, improves circulation, relieves stress and tension in the feet, and benefits the entire body.

### MOROCCANOIL SCALP AND NECK TREATMENT

50 min / 150-

The "Aahh" massage that elevates you to a place far, far away. Exotic Moroccan oil rejuvenates your scalp while the neck and shoulders massage relieves fatigue and stress-induced tension. Emerge recharged and fully rejuvenated.

### TOP TO TOE MASSAGE

50 min / 150- 80 min / 235-

Receive our two favorite treatments—a 25-minute Moroccan oil Scalp and Neck Treatment with a 25-minute Foot Reflexology Treatment. The exotic Moroccan oil rejuvenates your scalp, neck and shoulders, while the foot reflexology relieves tension in the feet, benefiting the whole body.

### HEAD, SHOULDERS, KNEES AND TOES

50 min / 270-

The wow factor in spa treatments! Receive a 50 minute Moroccan oil Scalp and Neck Treatment and Foot Reflexology while two massage therapists work on you simultaneously. Be prepared to be swept away.

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## HAND & FOOT THERAPIES

*Nurturing, anti-aging remedies for the most active parts of your body.*

### SPA MANICURE 30 min / 45-

Gets nails and cuticles in shape. Soften hands and arms with gentle exfoliation followed by a relaxing, hydrating massage and your choice of nail color.

### SPA PEDICURE 45 min / 65-

Put your feet up. Our aromatherapy bath salts, exfoliating foot scrub and moisture-massage smooth and re-energize weary, dreary soles. Finish with your choice of nail color.

### FRENCH MANICURE 45 min / 55-

A spa manicure with an elegant, neutral look.

### FRENCH PEDICURE 45 min / 70-

A spa pedicure with an elegant, neutral look.

### POLISH CHANGE 15 min / 25-

On the go? A quick change of color looks new and fresh again.

### GEL MANICURE 30 min / 60-

A wonderful, chip-free manicure that lasts up to 10 days. Finish with your choice of nail color.

### GEL POLISH SOAK OFF 15-

### CHAMPAGNE OF THE SEA PEDICURE 50 min / 85-

Sip a glass of champagne\* as we indulge you with this deluxe five-star pedicure. A rich cocktail of exclusive marine ingredients removes dead skin and recharges the skin's ability to hold moisture. Feet and legs are transformed—softer, smoother, totally rejuvenated.

### THE PAMPERED PEACH PEDICURE 50 min / 85-

Sip our exclusive Pampered Peach Firefly Sweet Tea Vodka Cocktail,\* while you indulge in our newest treatment. Leaving your feet and legs both smooth and gorgeous.

### MOROCCANOIL MANICURE 45 min / 60-

### MOROCCANOIL PEDICURE 50 min / 85-

The ultimate in hydration, these treatments revitalize your skin and stimulate your senses. The unique and luxurious orange peel scrub gently exfoliates your skin preparing it for the rich effects of MoroccanOil's honey lavender scented intense hydrating treatment. Your skin will feel soft and rejuvenated. Finish with your choice of nail color.

### MARGARET DABBS SUPREME MANICURE 45 min / 60-

### MARGARET DABBS SUPREME PEDICURE 60 min / 85-

Margaret Dabbs, a renowned celebrated London podiatrist, has created a luxurious expert-led beauty regime for hands and feet. An excellent antidote for clients who travel a lot or stand on their feet all day. Legs, feet, hands and arms will be totally revitalized while looking and feeling fabulous.

## SPA KIDS

*Good habits start here. Yummy treats and tender teachings delight children 12-years old and under, accompanied by an adult, of course.*

### LOLLIPOP MANICURE

25 min / 35-

Make hands and nails twinkle. Finish with your choice of nail color. And yes, a lollipop to go!

### LOLLIPOP PEDICURE

30 min / 35-

Show off pretty feet. Finish with your choice of nail color. And yes, a lollipop to go!

### THE CINDERELLA

25 min / 60-

A gentle 25-minute facial gets you started on the right track to proper skincare.

### BOYS ABOUT FACE

25 min / 60-

He'll want to sit still for this, an energizing 25-minute facial helps keep his young skin looking clean and healthy.

\* One alcoholic beverage included in price.

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# TREATMENTS FOR MEN

*Take time to pause, recharge, reprogram. Preserve your youth and well-being with expert attention to skin and body.*

## SKIN CARE & REPAIR

### OIL CHANGE FACIAL

50 min / 140-

Tackle the shine and the excess oil that leads to clogged pores and blemishes. Our invigorating, deep cleansing facial re-energizes skin and improves vitality. Skin looks and feels cleaner, healthier.

### ULTIMATE BLISS SPA TREATMENT

50 min / 260-

The ultimate spa experience! Two therapists work their magic transporting you to a deeper sense of relaxation. A Charleston Place Facial and a Foot Reflexology Treatment are being performed simultaneously, blissfully restoring your sense of well-being.

### GENTLEMAN'S FACIAL

50 min / 160-\*

Put age in reverse with our gently exfoliating, acid-based treatment that smooths fine lines and renews skin cells. Sit back and enjoy the anti-stress face, neck and shoulders massage. Your whole body benefits.

### TIME OUT FACIAL

80 min / 250-

Before or after your skin shows signs of fatigue from sun exposure, pollution or simply life's little overindulgences, this anti-aging treatment stimulates cell renewal to dramatically enhance the skin's overall texture. Skin looks rejuvenated, revitalized and smoother.

### CLEAN SWEEPS MICRO-DERMABRASION FACIAL

50 min / 195-

Micro-fine, non-irritating, natural crystals help smooth away age spots, sun damage, tiny lines and wrinkles. Unveils newer, healthier, younger-looking skin.

### DOUBLE DELIGHT

50 min / 150-

Combines a 25-minute Charleston Place Facial with a 25-minute Moroccan oil Scalp and Neck Treatment. Our signature facial cleans, exfoliates and rejuvenates while the Moroccan oil Treatment relieves fatigue and stress-induced tension.

### BACK BUFF

50 min / 195-

Get ready to bare. Gentle micro-crystals clear away dry, dead skin, age spots, sun damage, minor marks and scars from breakouts.

## BODY BOOSTS

### RELAXING BODY SCRUB

50 min / 165-

Peppermint extracts release the beta-endorphins in the brain, providing a sense of total serenity, while the fine particles erase every trace of dry, dead skin. A half-hour body massage melts away the stress of the day.

### TOTAL DETOX

50 min / 165-

Emerge a new man. A soothing seaweed wrap gives your body a virtual "clean slate," helping it detoxify and purify itself. Deeply relaxing, it's highly recommended for smokers and frequent travelers.

### MOROCCANOIL RITUAL

80 min / 250-

The ambrosial of body treatments! Incorporating exotic Moroccan oil Body Collection to detoxify, hydrate and invigorate your body from scalp to toes. The antioxidant rich argan oil-infused formulas will leave your skin irresistibly silky and radiant.

## HAND & FOOT ASSETS

### MAN-I-CURE

30 min / 40-

Invest in your handshake. A professional manicure adds polish to your presence. No pun intended. We actually trim, clean and buff your nails, no polish necessary.

### FEET FIRST

40 min / 55-

This sole-soother includes exfoliation, massage and nail grooming.

### THE PAMPERED PEACH PEDICURE

50 min / 85-

Gentlemen, this isn't your typical pedicure. Sip our exclusive Pampered Peach Firefly Sweet Tea Vodka Cocktail\*, while you luxuriate with our newest treatment. Afterwards, your feet and legs will emerge totally relaxed.

\* One alcoholic beverage included in price.

\* Please shave 2 hours before your facial. However, do NOT shave 4 hours prior to Gentleman's Facial.

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## TOTAL WELL-BEING

*The body is home for the mind. Keep both fit and finely tuned with a personal plan of age-preserving action.*

### BODY FIRING

2 hrs / 240-

Pure and simple. Our detailed exercise program helps firm the lower body and targets cellulite. Plus, a Seaweed Detox wraps you, warms you and works below the surface to purify, rebalance and rehydrate your skin. Relax your entire being.

### YIN AND YANG

2.5 hrs / 325-

The best of Tai Chi, Yoga and Pilates helps balance your Chi (life force energy). Tai Chi has been referred to as “Yoga in Motion,” a moving meditation and powerful key to relaxation, focus and concentration. To finish, a Warm Stone Massage brings you closer to nirvana.

### BOOT CAMP

2 hrs / 240-

Take the challenge. Our multi-dimensional training uses various athletic activities to help build endurance and burn more calories in less time, without being bored. Session ends with a Deep Tissue Massage to ease muscle tension and soreness.

### PERSONAL TRAINING SESSION

50 min / 75-\*

Our certified trainer can customize a fitness session suitable for your needs.

### POWER WALK WITH INTENSE INTERVAL TRAINING

2 hrs / 250-

Start with a fitness evaluation and work-out tuned to your specific goals. Followed by a power walk with high intensity interval training in Charleston's historic district.

- Build your own 'guns' near the antique cannons at White Point Gardens
- Pump up your heart rate beside Waterfront Park's welcoming Pineapple Fountain
- Channel your inner Rocky on the 50-plus steps of the Custom House at Market Street
- Crush a set of lunges alongside historic downtown homes

### YOGA SESSION

50 min / 75-\*

We offer private classes to suit every age, body and ability level. Our highly trained teachers will help to guide you to a state of mindful relaxation.

## SPA PACKAGES

*Treat yourself or someone special to a luxurious spa experience. Please note the following packages may not be altered.*

### MOTHER-TO-BE

3 hrs / 295-

Mother-to-Be Massage, Charleston Place Facial and Spa Pedicure.

### BLISSFUL MINI GET-AWAY

2.5 hrs / 285-

Charleston Place Facial, Swedish Massage and Spa Manicure.

### PERFECT MINI GET-AWAY

3 hrs / 295-

Charleston Place Facial, Swedish Massage and Spa Pedicure.

### GIRLFRIEND'S GET-AWAY

3 hrs / 360-\*

Girl time has never been so luxurious. Spend quality “spa time” with your best friends and enjoy the Charleston Place Facial, Your Choice Massage, The Pampered Peach Pedicure# and Spa lunch served poolside.

### ULTIMATE SPA DAY

6 hrs / 585-

Glycolic Glow Facial, Moroccanoil Ritual, Swedish Massage, Spa Manicure and Pedicure. Spa lunch served poolside.

### AQUA MAN

2.5 hrs / 290-

Relaxing Body Scrub, Oil Change Facial and Man-I-Cure.

### MOTHER-DAUGHTER GET-AWAY

3 hrs / 485-\*\*

Charleston Place Facial, Spa Manicure and Pedicure. Spa lunch served poolside.

### CHAMPAGNE DREAMS, CAVIAR WISHES

7.5 hrs / 820-

Time Out Facial, Moroccanoil Ritual, Moroccanoil Manicure, Moroccanoil Pedicure, Your Choice 80-Minute Massage and lunch served poolside with champagne#. Plus, take home The Spa Waffle Weave Robe.

\* price per person

PLEASE NOTE: All prices listed above are per person. Limited availability, please book in advance.

\* price per person

\*\* price for two people

# one alcoholic beverage included in price



## "I WILL REFLECT"

The Spa at Belmond Charleston Place is proud to sponsor the "I Will Reflect" Melanoma Awareness and Prevention Initiative. Our goal is to increase awareness of skin protection, thus aiding in the prevention of skin cancer, by reflecting on these skin affirmations:

### "I WILL REFLECT"

- ... and wear sunscreen year round
- ... and use a minimum of 15 SPF Broad Spectrum sunscreen
- ... and seek the shade between 10am and 4pm
- ... and have an annual full-body skin check
- ... and share this important message with others

Ask The Spa staff about the "I Will Reflect" bracelet that glows blue every time skin is exposed to harmful sun rays, reminding one to follow the rules of sun safety and skin protection. Every cent from the sale of the IWR bracelet, as well as 10% of the cost of the IWR Facial goes to skin cancer research and education.

### "I WILL REFLECT" FACIAL

50 min / 150-

This facial, suitable for all skin types, is designed to cleanse, exfoliate and retexture. It beautifully regenerates the skin's appearance, leaving it looking and feeling soft and smooth. The perfect way to protect yourself from the sun's harmful and damaging rays.

### "I WILL REFLECT" BRACELET 5-

Every cent from the sale of the "I Will Reflect" bracelet goes to skin cancer research and education.



### MDSOLAR SCIENCES MINERAL TINTED CRÈME SPF 30 (1.7 oz.) 32-

Broad Spectrum UVA-UVB Sunscreen. For all skin types (including acne/rosacea prone). With a universally flattering tint and silky-smooth texture, the luxurious crème is a perfect addition to any daily beauty or grooming routine. Also available in a non-tint formula.



To learn more about our "I Will Reflect" campaign and ways to protect yourself from melanoma, visit [CharlestonPlaceSpa.com/Reflect](http://CharlestonPlaceSpa.com/Reflect).

Follow The Spa on Instagram, @CharlestonPlaceSpa, for more sun safety and wellness tips.

Use the hashtag #IWillReflect to join the sun safety conversation.

RECEIVE 10% OFF ALL TREATMENTS SUNDAY-THURSDAY  
(Excludes Packages, Hair and Makeup Sessions)

## LOCAL PRODUCTS

The Spa at Belmond Charleston Place is proud to sell products from multiple local artists and makers.\*

### A) WASH WITH WATER ORGANIC SWEETPEA AND ME SHAMPOO 16-

Produced on neighboring Isle of Palms, these products are ultra-gentle, hypoallergenic and perfect for protecting the entire family.

### B) MISSION ESSENTIALS FIGHT BACK "2" BUG SPRAY 12-

Fight Back "2" Bug Spray is a 100% natural insect repellent spray made from some of the best ingredients to keep bugs away including no-see-ums, gnats, mosquitoes and deer ticks.

### C) A.B.P. MAKEUP LIPSTICKS 22-

ABP Makeup is both a cosmetic and artistry brand curated by Ashley Brook Perryman. Each shade of lip sheer is custom blended by Ashley herself and uniquely developed to be super moisture rich with Grape Seed Oil, Soybean Oil, Aloe, Jojoba Seed Oil, Avocado Oil and Shea Butter.

### D) CHRISTINA JERVEY JEWELRY

Drawing inspiration from nature, Charleston-based metalsmith Christina Jervy creates unique, timeless designs in brass, sterling silver and 14k gold.

### E) TAXIDERM

Specializing in python and snakeskin handbags, jewelry and accessories, these exotic bags and clutches have become a celebrity and red carpet favorite.

### F) 1670 CHARLESTOWNE CANDLE 95- / 300-

Available exclusively at The Spa, these candles embody the spirit of the Lowcountry with its Sweetgrass basket scent and accompanying signed sweetgrass basket.



D)



E)



F)



\*Please visit The Spa to view the full collection of retail products from each designer.



# SPA PRODUCTS

*Relive your experience every day with gifts from  
The Spa at Belmond Charleston Place.*

## A) THE SPA WAFFLE WEAVE ROBE 55-

A classic wrap style, shawl collar Spa robe with long sleeves, two patch pockets and a tie belt. Mid-calf length. Machine wash and dry. Available in a generous one-size-fits-most cut.

## B) MARGARET DABBS PROFESSIONAL FOOT FILE 44-

Designed using compressed crystal technology, the Margaret Dabbs Professional Foot File is perfect for removing hard skin from the feet effectively but safely. Slim and elegant with a stainless steel body, it is quick and easy to use and gives superior, long lasting results.

## C) MARGARET DABBS EXFOLIATING FOOT MOUSSE (3.38 OZ.) 32-

With ground tea tree leaf and pumice, this concentrated rich, creamy textured mousse will scrub feet to perfection. These active ingredients will help to remove the layers of dead skin while the Emu oil rehydrates and deeply nourishes the skin.

## D) MARGARET DABBS INTENSIVE HYDRATING FOOT OIL (3.38 OZ.) 40-

A unique dry oil, which instantly treats and transforms very dehydrated, cracked, broken skin and nails giving long lasting nourishment and moisture. Results are instantly visible. The spray applicator makes this light but powerful oil a joy to use. With the signature ingredient of Emu oil and the scent of lemon myrtle, this product has gained global cult status.

## E) MARGARET DABBS EXFOLIATING HAND SCRUB (3.38 OZ.) 32-

Gentle, creamy exfoliator that combines the buffing effect of orange peel and jojoba beads to cleanse the hands of dead, dry skin cells and replenish with Emu oil for hydration. Packed with emollients and plant extracts to maintain the moisture levels of the skin. Scented with geranium and mandarin.

## F) MARGARET DABBS INTENSIVE HYDRATING HAND LOTION (6.75 OZ.) 44-

Luxurious and effective with Emu oil for its anti-aging and moisturizing properties. Scented with geranium and mandarin for the ultimate in relaxation. With key ingredients of Emu oil, white water lily, comfrey and wild rose.

## G) MARGARET DABBS LONDON MANICURE KIT 160-

This beautiful leather-encased Manicure and Pedicure Set includes a hand-picked selection of premium tools to keep your hands and feet looking perfectly finished and groomed. With travel sizes of some of the most popular tools along with a selection of newly designed professional nail implements, this set celebrates high quality and luxurious personal grooming to keep you styled whatever the occasion and makes the perfect gift for both men and women.

## H) MARGARET DABBS LONDON 3 STEP PEDICURE KIT 120-

The perfect set for simple and effective foot maintenance at home. Just three steps and a very small amount of your time will transform the feet. The 3 Step Pedicure Kit contains the Professional Foot File, Exfoliating Foot Mousse 100ml and Intensive Hydrating Foot Lotion 200ml. Suitable for both men and women.

A)



B)



D)

C)



E)



F)



G)



H)



Explore our website or visit The Spa to view and purchase a full selection of retail products, [CharlestonPlaceSpa.com](http://CharlestonPlaceSpa.com)

# YOUR SPA EXPERIENCE

*Please take a moment to review the information below  
before you enjoy your spa visit.*

## APPOINTMENTS

Please call The Spa directly to make your appointments or request your treatment online at [CharlestonPlaceSpa.com](http://CharlestonPlaceSpa.com). For preferred spa times, we suggest you book in advance.

Telephone: 843 937 8522

## CANCELLATION POLICY

To provide our clients with consistently outstanding service, we must charge a 100% cancellation fee for any spa service cancelled less than 4 hours before your scheduled appointment. If a spa service has been left unpaid by end of business day, the service plus 20% gratuity will be charged to the guest's room or credit card on file. Thank you for your understanding.

## ARRIVAL

We recommend you arrive 15 minutes before your spa appointment to allow adequate time to change and decompress from your day. Please keep in mind that all spa treatments need to end on time, and a late arrival will result in a shortened treatment time to accommodate other guests fairly.

## SPA FACILITY

Our spa treatments are designed for both men and women and are performed in the comfort of private treatment rooms. Our professionally trained and licensed staff is skilled in the latest spa therapies.

For your convenience, we provide towels, shampoo, conditioner, body lotion, deodorant and combs. For your comfort, you will wear a robe and slippers during your stay. We regret that we cannot be responsible for loss or damage to personal property including clothing and jewelry.

## FOR YOUR COMFORT

For your comfort and the comfort of all our guests, our spa is a non-smoking facility. Cell phones are not permitted in The Spa.

## SPA GIFT CARDS

The Spa at Belmond Charleston Place Gift Cards make the perfect gift, even for the person who has everything. Don't have time to stop by the Spa? You can now purchase an e-Gift Card or mail a Gift Card directly to the recipient by visiting [Belmond.com](http://Belmond.com). Our Gift Cards are transferable, but are non-refundable. We are not responsible for lost or stolen Gift Cards.

## TREATMENT PRICING

All spa treatment prices do not include gratuity. Gratuity is left to your discretion and should be based on satisfaction of services. We reserve the right to modify, discontinue or raise prices on certain treatments without prior notification.

# CUSTOM SPA OFFERINGS

## CUSTOMIZED FITNESS CLASSES

We offer a complete range of fitness activities and equipment for all skill levels. Our certified personal trainer can customize a fitness program suitable for your needs. And, to appropriately outfit you for your workout, the Health Club offers a collection of sport wears.

## IN-ROOM HAIR AND MAKEUP SESSIONS

Hair and Makeup Room Service is your go-to beauty solution while travelling. We offer a personalized experience, by one of our stylists, to help you look your best, all without leaving the comfort of your luxurious guest room.

### Hair Styling

Blow-out	45 min / 60-
Updo	60 min / 150-
Blow-out and Down Style	60 min / 125-
Blow-out and Updo	90 min / 200-

### Makeup Styling

Makeup Application	45 min / 150-
Lash and Makeup Application	60 min / 185-
Airbrush Makeup Application	60 min / 180-
Makeup Lesson	90 min / 300-

*Bride and/or Bridal Party Hair and Makeup services are available.  
Pricing upon request.*

## BRIDAL PARTIES OR GROUP OUTINGS

Enjoy a day of relaxation with your bridesmaids or closest girlfriends. Perfect for small groups or as a "thank you" for your team, book spa treatments for six or more guests and receive complimentary mimosas plus usage of the rooftop infinity pool. Contact our Group Sales Manager, Brandon Watts, [brandon.watts@belmond.com](mailto:brandon.watts@belmond.com) to customize your day at The Spa.

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*(Excludes Packages, Hair and Makeup Sessions)*





205 Meeting Street Charleston, SC 29401

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*Revised 2/17*